

CORNER BROOK RAPIDS 2011/2012 Season

*** Prepared Sept. 10, 2011 ***

Mon	Tues	Wed	Thurs	Fri	Sat
RED					
		6:30-8:00 AM		6:30-8:00 AM	7:00-9:00 A.M. ** College Pool **
5:15-7:15	5:30-7:00		4:30-6:00	5:30-6:45	
BLUE					
		6:30-8:00 AM		6:30-8:00 AM	7:00-9:00 A.M. ** College Pool **
6:00-7:15	5:30-7:00		4:30-6:00	5:30-6:45	
WHITE					
5:15-6:30	5:30-7:00		5:15-6:00	5:30-6:45	
RIPTIDES					
5:15-6:00	4:45-5:30		4:30-5:15	4:45-5:30	
RIPPLES					
	4:45-5:30		4:30-5:15	4:45-5:30	
MASTERS					
		6:30-8:00 AM		6:30-8:00 AM	7:00-9:00 A.M. ** College Pool **

On the following dates there will be a total team practice. Red and Blue swim 7:00-8:00 a.m. when the College is open. White. Pre-competitive and Novice swim from 8:00-9:00; with peer coaching from Red and Blue group.

Basically every third Saturday of each month: October 22, November 19, December 17, January 21, February 18, March 24, April 21, May 19